



A T D U L L E S

Lunch Menus

12 Day / 2 Week Rotation

Week A

Heartland: Monday

Deli Salad: Potato Salad/ Soup of the Day: Navy Bean
Deli Sandwich Platter: Turkey and Ham with American and Swiss Cheeses
Salad Bar: Mixed Greens, Cucumbers, Carrots, Tomatoes, Broccoli Florets, toasted Walnuts and Croutons with Thousand Island, Ranch or Italian Dressing
Hot Buffet: Sweet Corn, Garlic Mashed Potatoes, Barbeque Chicken Breast and Beef Burgundy
Dessert: Banana Bread Pudding and Chocolate Cake

Tour of Tuscany: Tuesday

Deli Salad: Tomatoes and Mozzarella with Pesto and Basil/ Soup of the Day: Tuscan Bean
Deli Sandwich Platter: Salami and Prosciutto with Provolone Cheese
Salad Bar: Mixed Greens, Cucumbers, Carrots, Tomatoes, Mushrooms, Sliced Onion and Croutons with Balsamic Vinaigrette, Italian or Ranch Dressing
Hot Buffet: Vegetable Medley, Creamy Risotto, Italian Sausage & Peppers and Pasta Frutti di Mare
Dessert: Tiramisu and Cannoli

The Washingtonian: Wednesday

Deli Salad: Coleslaw/ Soup of the Day: Chicken Noodle
Deli Sandwich Platter: Corned Beef and Turkey Pastrami with Swiss and Muenster Cheeses
Salad Bar: Mixed Greens, Cucumbers, Carrots, Tomatoes, Crumbled Blue Cheese, Croutons, Onions and Roasted Peppers with Ranch, Honey Mustard or Italian Dressing
Hot Buffet: Green Beans Almandine, Oven Roasted Potatoes, Salmon in Mustard Sauce and London Broil in a Port wine Demi-Glace
Dessert: Apple Cobbler and Pecan Pie

The Orient: Thursday

Deli Salad: Cashew Chicken Salad/ Soup of the Day: Sweet and Sour Soup
Deli Sandwich Platter: Turkey and Sliced Roast Beef with American and Swiss Cheeses
Salad Bar: Mixed Greens, Tatsoi, Almonds, Chinese Noodles, Mandarin Oranges and Sprouts with Thai Peanut, Hot Pepper or Sesame Ginger Dressing
Hot Buffet: Oriental Vegetable Stir-Fry, Jasmine Rice, Thai Chicken and Shrimp and Scallops in Mango Sauce
Dessert: Pineapple Upside-Down Cake and Ambrosia Salad

Soup, Salad and Sandwich: Friday

Deli Salad: Creamy Cajun Chicken Salad/ Soups of the Day: Chile Con Carne and Broccoli Cheddar
Salad Bar: Mixed Greens, Cucumbers, Carrots, Tomatoes, Mushrooms, Peppers, Red Onions, Sprouts, Bacon Bits, Raspberries, and Raisins with Ranch, Honey Mustard, Italian or Raspberry Vinaigrette
Sandwich Buffet: Veggie Wraps, Turkey and Cheese Wraps, Pesto Chicken Ciabatta, and Ham and Brie on Whole Grains
Dessert: Strawberry Shortcake and Peach Cobbler

The Quarter: Saturday

Deli Salad: Chilled Asparagus with Red Pepper Rouille/ Soup of the Day: Seafood Gumbo
Deli Sandwich Platter: Pastrami and Capicola with Provolone and Muenster Cheeses
Salad Bar: Mixed Greens and Frisée, Cucumbers, Carrots, Tomatoes, Haricot Vert Beans, Artichoke Hearts and Wild Mushrooms with French, Tarragon Vinaigrette or Ranch Dressing
Hot Buffet: Vegetable Medley, Dirty Rice, Classic Seafood Stew and Chicken Breast in Andouille Cream
Dessert: Raspberry Torte and Rice Pudding



Week B

South of the Border: Monday

Deli Salad: Corn & Black Bean Frittata/ Soup of the Day: Chicken Tortilla Soup
Deli Sandwich Platter: Salami and Turkey with American and Swiss Cheeses
Salad Bar: Romaine, Garbanzo Beans, Olives, Onions, Pinto Beans and Tortilla Splinters with Avocado Cream, Catalina or Ranch-Cilantro Dressing
Hot Buffet: Flour Tortillas, Shredded Pork and Carne Asada, Spanish Rice, Black Beans, Sour Cream, Fresh Guacamole and Salsa
Dessert: Flan and Fried Bananas

Mediterranean: Tuesday

Deli Salad: Antipasto Salad/ Soup of the Day: Minestrone
Deli Sandwich Platter: Mort Adela and Turkey Pastrami with Provolone and Muenster Cheeses
Salad Bar: Spinach, Red Onions, Mushrooms, Cucumbers, Carrots, Tomatoes and Bacon Bits with Honey Mustard, Ranch or Italian Dressing
Hot Buffet: Grilled Vegetables, Basmati Rice, and Chicken and Beef Kabobs with Yogurt Dip
Dessert: Baklava and Strawberry Mandarin Salad

Belmont Buffet: Wednesday

Deli Salad: Tomato and Cucumber Salad/ Soup of the Day: Manhattan Clam Chowder
Deli Sandwich Platter: Ham and Smoked Turkey with Cheddar and Swiss Cheeses
Salad Bar: Mixed Greens, Mushrooms, Red Onions, Peppers, Cucumbers, Carrots, Tomatoes, Sprouts, Bacon Bits, and Raspberries with Ranch, Honey Mustard, Italian or Raspberry Vinaigrette
Hot Buffet: Steamed Green Beans, Roasted Potatoes, Tilapia in Citrus Thyme Butter and Herb Roasted Pork Loin
Dessert: Carrot Cake and Pecan Pie

Little Italy: Thursday

Deli Salad: Tortellini Pasta Salad/ Soup of the Day: Cream of Asparagus
Deli Sandwich Platter: Genoa Salami and Prosciutto with Provolone and Mozzarella Cheeses
Salad Bar: Baby Arugula, Kalamata Olives, Red Onions, Cucumbers, Carrots, Tomatoes, Feta Cheese and Peppers with Italian, Balsamic Vinaigrette or Ranch Dressing
Hot Buffet: Penne Pasta in Sun-dried Tomato Alfredo Sauce, Chicken Parmesan, Italian Sausage and Peppers
Dessert: Fruit Tarts and Chocolate Ganache Cake

Home Town: Friday

Deli Salad: Egg Salad/ Soup of the Day: Seafood Bisque
Deli Sandwich Platter: Ham and Turkey Pastrami with Muenster and American Cheeses
Salad Bar: Romaine, Parmesan Cheese, Croutons, Cucumbers, Carrots, and Tomatoes with Caesar, Ranch or Italian Dressing
Hot Buffet: Glazed Carrots, Home-style Macaroni and Cheese, Sliced Ham with Maple Glaze and Flat Iron Steak
Dessert: Rice Pudding and Apple Cobbler

Daily Buzz: Saturday

Deli Salad: Tuna Salad/ Soup of the Day: New England Clam Chowder
Deli Sandwich Platter: Roast Beef and Turkey with Cheddar and Swiss Cheeses
Salad Bar: Mixed Greens, Pecans, Feta Cheese, Onions and Cranberries with Red Wine Vinaigrette, Ranch or Spicy Tomato Dressing
Hot Buffet: Asparagus, Rice Pilaf, Guajillo Chicken and Sambuca Shrimp
Dessert: Cheesecake with Fruit Topping and Mousse

**Sunday's menus will be chosen by our Executive Chef*

***Menus may be scaled down for smaller groups*